

# THE CITIZEN

Vol. 34, No. 25

U.S. Army Garrison Stuttgart

December 20, 2005

*Stuttgart, Oberammergau and Garmisch, Germany*

## *Back in action!*

*Winter sports  
underway at PHS  
Pages 8 & 9*

*Patch High School cheerleader Beth Poe helps her fellow students get in the spirit during an afternoon of basketball Dec. 3 in the PHS gymnasium.*

Brandon Beach

### INSIDE THIS EDITION

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#### **Garmish men honored for life-saving efforts**

*Two Americans who live and work in Garmisch are lauded for their rapid response to avert a tragedy on the trails.*



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#### **Plan ahead to stay safe on winter roads**

*Don't wait until the snow is falling – plan ahead to ensure that both you and your vehicle are ready for winter's challenges.*





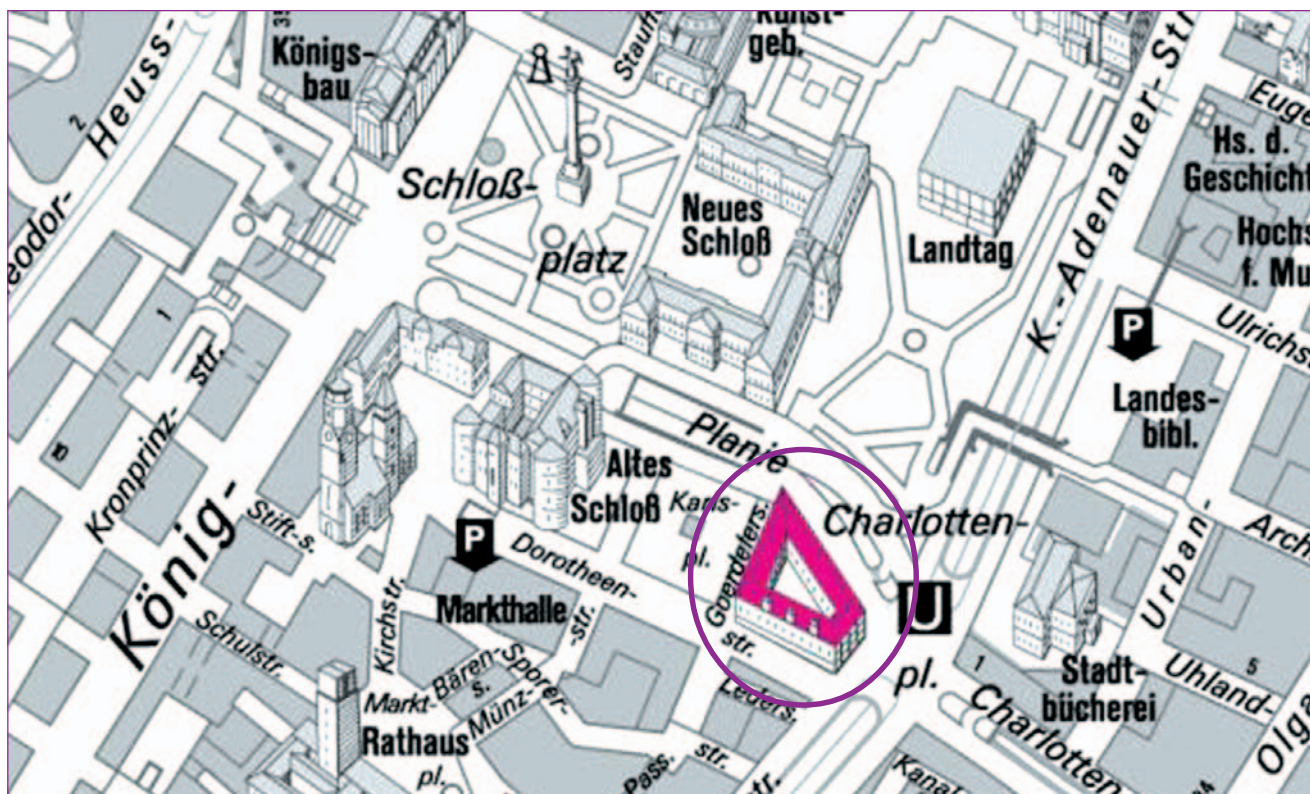
A woman with curly hair, wearing a light blue military uniform with sergeant's chevrons on her sleeve, holds a large megaphone. The megaphone's lens reflects a red and white target. In the background, a helicopter flies over a body of water with a large ship visible on the left. The scene is set against a bright, hazy sky.

# INFORMATION

**Security begins with you!**

*For more about information security contact the U.S. Army Garrison Stuttgart Security Office at 421-2133/2824/civ. 0711-729-2133/2824.*





map courtesy DAZ

Conveniently located near the heart of downtown Stuttgart (just a short walk from the Neues Schloss, Stadt Bibliothek and shop-lined Königstrasse), the Deutsch-Amerikanisches Zentrum is also at the center of the city's efforts to educate, entertain and ultimately enlighten and unite the area's German and American residents.

## 'Zentrum' at center of Stuttgart's efforts to educate, unite area's Germans, Americans

By Hugh C. McBride

It's a funny thing about Stuttgart's Deutsch-Amerikanisches Zentrum: You go there to learn a little bit about a foreign nation, but if you're not careful, you end up leaving with a better understanding of yourself.

Sponsoring events as diverse as an origami-inspired investigation of the poetry of e.e. cummings, a dissection of the recent German elections, and an English-language play group for children, the DAZ mission involves bringing Germans and Americans together to enhance their commonalities and bridge the gaps that threaten to separate them.

"We understand ourselves as a cultural institution – with a very broad understanding of culture," said Dr. Ulrich Bachteler, who has served as director of the DAZ since its opening 10 years ago.

With a schedule of events that mirrors the American calendar, the DAZ's U.S.-inspired program is organized around themes such as Black History Month, Independence Day and, in appropriate years, the presidential elections.

In recent years, the center has also served as a place for citizens of each nation to address such potentially divisive issues as the U.S. presence in Iraq and Germany's involvement in the global war on terrorism.

Bachteler said he believes that this willingness of DAZ participants to talk to each other went a long way toward precluding problems in Stuttgart related to the U.S.-led invasion of Iraq.

"I think it's because we're open to discussion," he said.

Keeping all DAZ lectures and discussions free of charge augments that philosophy, he said. "The idea is that everybody should have the chance to

participate."

A direct descendant of the post-World War II effort to reeducate German citizens after years of Nazi dominance, the DAZ now serves to bolster German-American friendship and teach members of each culture about each other – and themselves.

Picking up where Stuttgart's *Amerika Haus* left off, the DAZ serves as the focal point of the city's effort to educate and unite its German and American residents.

Founded in the autumn of 1945, the Amerika Haus – which was funded by the U.S. government – closed its doors Sept. 30, 1995. The following Monday (Oct. 2, 1995), the German-sponsored DAZ was open for business.

### Upcoming Events at the 'DAZ'

- Jan 25 – **Martin Luther King: World Advocate for Peace, Economic Justice and Human Rights** (Lecture/discussion with Prof. Larry A. Green, a Fulbright Scholar with the Westfälische Wilhelms-Universität Münster.)
- Jan 31 – **Poetry and Paper: Unfolding e.e. cummings and others** (Visual artist Viviane Bertrand combines the three-dimensional reality of paper foldings with the abstract nature of poetry.)
- Feb. 2 – **Autobiography and Alcoholism in Eugene O'Neill's "Long Day's Journey into Night"** (Lecture/discussion with Prof. Eric Denton, a Fulbright Scholar with the Universität Regensburg.)
- Feb. 14 – **Poetry reading with Amiri Baraka** (The controversial poet laureate of New Jersey will read selections from his 40 years of verse and drama.)
- Feb. 22 – **In the Spirit: Negro Spirituals and the Fisk University Jubilee Singers** (Lecture/discussion about the coded lyrics in the songs of slavery with Ericka Bahner, a freelance arts consultant.)

All events listed above begin at 7:30 p.m. For a complete list of activities sponsored by the Deutsch-Amerikanisches Zentrum visit [www.daz.org](http://www.daz.org).

The decision by the state of Baden-Württemberg to assist cities with the funding of four DAZs (Stuttgart, Heidelberg, Freiburg and Tübingen) reflected not only the historic German-American friendship, but also the close economic ties between Baden-Württemberg and the United States, Bachteler said.

It was also, he said, a way "to send a sign to the Americans: We want you to stay here."

In addition to its lecture/discussion series, the DAZ also sponsors art exhibits, a monthly conversation circle, and a small library of English books and magazines. The center is located in a distinctive yellow building at Charlottenplatz 17. For more information call 0711-22-81-80.

## Out & About

### Cycling in the Schleyerhalle

Stuttgart's Schleyerhalle will be converted into a modern day velodrome for world's top bicyclist to compete in the thrilling Hofbräu 6-Day Race **Jan. 19 to 24**.

Tickets are 15 euro and include a seat close to the action plus entrance to the many disco parties held in the hall's basement level.

Bring the kids on Family Day Jan. 22, 10:30 a.m. to 5:30 p.m., and enjoy a ride on the bikes.

For more information visit [www.schleyerhalle.de](http://www.schleyerhalle.de) or call 0711-255-5555. The hall is located at Mercedesstrasse 69 (U-Bahn U11: Gottlieb-Daimler Stadion stop).

### Night of Ray Charles

Let the good times roll as Soul Unlimited Productions and the city of Leonberg host a tribute to the genius of soul, Ray Charles, **Jan. 20, 8 p.m.**, in the Stadthalle.

American singer Ron Williams, a former Soldier stationed in Stuttgart, will perform along with his 15-member orchestra. The evening will include gospel, blues, jazz and country hits such as "Georgia on My Mind" and "Hit the Road Jack."

Tickets range from 32 to 42 euro and may be purchased by calling 07152-975511 or visiting [www.easy-ticket.de](http://www.easy-ticket.de).

### Photo tour of Istanbul

Stuttgart's Deutsch-Türkisches Forum invites you to take a photographic tour of Istanbul. The forum, located at Rotenbühlplatz 28, is open Mondays to Saturdays, 8 a.m. to 11 p.m., and Sundays, 9 a.m. to 6 p.m.

For more information visit [www.vhs-photogalerie.de](http://www.vhs-photogalerie.de). The exhibit is open **until Jan. 29**.

### Christmas Circus comes to town

The World Christmas Circus will stage shows in Stuttgart's *Cannstatter Wasen* **through Jan. 8**. Along with death-defying acrobatics and unforgettable clowns, this year's circus features a spectacular fireworks show.

Tickets range from 14 to 41 euro. For tickets call 0711-559-5620.

### World Cup ticket phase begins

The third ticket phase for the FIFA World Cup 2006 has begun. The World Cup will be contested in 12 cities throughout Germany, including Stuttgart. For tickets visit [www.fifaworldcup.com](http://www.fifaworldcup.com), click 'Tickets' and fill out an application form.

Applications must be completed before Jan. 15 to enter a lottery draw. The United States has been drawn into what is expected to be the fiercely competitive Group E (already nicknamed the "Group of Death").

The team's first game is against Czechoslovakia June 12, 6 p.m., in Gelsenkirchen. The team then travels to Kaiserslautern June 17, 9 p.m., to take on one of the tournament favorites, Italy, before heading to Nuremberg to face the Black Stars of Ghana June 22, 4 p.m.

### Acrobats, magicians & more

The Friedrichsbau Variété ensemble hosts Déjà Revue, featuring acrobatic performances, a comedy-magic duo, juggling spectacles and more. Dates include **Dec. 25 to 30, 8 p.m.** and **Dec. 25, 26 and 31, 9:30 p.m.**

Tickets range from 19 to 35 euro and may be purchased by calling 0711-225-7070 or e-mailing [kartenwelt@deag.de](mailto:kartenwelt@deag.de). Variété is located at Friedrichsbau 24 and easily reachable by U-Bahn 9 and 14, stop Friedrichsbau/Börse.

For more information visit [www.friedrichsbau.de](http://www.friedrichsbau.de).

### Stones tickets on sale now

The Rolling Stones perform music from their new album "A Bigger Bang" **Aug. 3, 7 p.m.**, in Stuttgart's Gottlieb-Daimler Stadion. Tickets range from 76 to 190 euro and could sell out before year's end.

Reserve an evening with Mick and company by visiting [www.konzertkarten-online.com](http://www.konzertkarten-online.com).

### 'Ska' music festival in Stuttgart

Stuttgart's Universum hosts its after-Christmas ska festival **Dec. 27, 9:30 p.m.**, with bands such as the Bustups and K-Mob hitting the stage to rock in the new year. This popular rock venue is located minutes from Patch Bar-racks (S-Bahn Universität stop).



# 'Miracle on 34th Street'

## 'Theatre Night' brings Germans, Americans together for holiday-themed celebration

Story & photos by Hugh C. McBride

Christmas came a few weeks early for German and American theater fans in Stuttgart.

Continuing the tradition of celebrations that highlight the historic friendship between their nations, U.S. Army Garrison Stuttgart Commander Col. Kenneth Juergens invited representatives of the U.S. military to share an evening of theater and cross-cultural camaraderie with members of the local German population Dec. 9 on Kelley Barracks.

"It's great that we can get together with our German friends and enjoy theater – something that both of our cultures have in common," Juergens said.

The centerpiece of the holiday edition of the Commander's Theater Night program was "Miracle on 34th Street," the Stuttgart Entertainment Branch's production of the beloved Christmas classic.

A story of the triumph of hope over the evils of materialism, the play ushered in the holiday season with a message of the transcendent power of belief and togetherness.

"This play is about the miracles that can happen when enough people get together for a common cause," said cast member Antonio Brunetti. "It's important for individuals to hold true to their beliefs, but 'Miracle' shows the incredible things that can happen when people are united by their ability to embrace life's intangibles."

The evening began with a pre-show reception for invited guests in the Kelley Community Club. After enjoying hors d'oeuvres and conversation, the guests made the short trek (or took a brief bus



Brett Harwood, right, director of "Miracle on 34th Street," addresses the German and American guests during the post-performance reception Dec. 9 in the Kelley Community Club.

ride) from the club to the Kelley Theatre, where they settled in for two hours of holiday entertainment.

Following the final curtain call, the guests returned to the club for dessert and a chance to mingle with the "Miracle" cast and crew.

In addition to socializing with their audience, the actors and technicians were also applauded by the commander for their contributions to the area's cultural offerings.

The theater group, Juergens said, is comprised of "a great group of people who give so much time and effort toward putting on such a fine production."

The Stuttgart Entertainment Branch's next production is "Urinetown," a musical comedy that will premiere Feb. 17 on Kelley Barracks.

For more about theater in Stuttgart call 421-2796/civ. 0711-729-2796.



Peter Buxkemper, 3, shares a smile with Kris Kringle (Phil Carson) during a Commander's Theatre Night reception in the Kelley Community Club following the Dec. 9 performance of "Miracle on 34th Street."

### About the exhibit

- The *Institute für Auslandsbeziehungen* (Institute for Foreign Cultural Relations) is located on Charlottenplatz 17 (U-Bahn stop Charlottenplatz).
- The museum is free and open Tuesdays to Fridays, noon to 6 p.m., and Saturdays and Sundays, 11 a.m. to 4 p.m.
- The exhibit will run through Jan. 29.
- In addition to rotating photo exhibits, the institute offers German language courses and a foreign affairs library with many books and magazines in English.
- For more information visit [www.ifa.de](http://www.ifa.de).

**blickdicht**  
Photos from the Arabian World



# Lighter, smaller, more efficient — Lab testing next generation of battlefield comm systems

Story & photo by Larry Edmond  
Army News Service

A satellite-based communications systems for combat vehicles is now being evaluated by the Battle Command Battle Lab.

Lighter, smaller, mobile and more efficient are the waves of future battlefield communications, said Col. Charles Dunn, deputy director of the BCBL.

Dunn can speak with certainty because the technology of tomorrow's battlefield is the province of the Battle Lab activities.

The lab is closing out an evaluation on one of several satellite-based Mounted Battle Command on-the-move systems that will provide broadband communications to a battlefield commander using lighter, smaller, and less expensive vehicle-mounted technologies.

"But the electronics are more complex because the miniaturized components must be crafted to withstand the severities of a harsh combat environment," said Dunn. "Right now we are investigating the possibilities of placing small satellite antennas on military vehicles, particularly command and control vehicles."

The task he described is to link several of these vehicles using satellites, so that distance and physical obstacles are no longer issues between two points.

In this environment, commanders will be able to create multiple communication links between the commander, subordinate commanders and staff elements anywhere in the theatre of operations.

## Implementing lessons learned

Lessons learned in the global war on terrorism heightened the significance of the Battle Lab's work.

"This is important because we learned during Operation Iraqi Freedom that modern battlefield movements quickly outpace the reach of current communications capabilities," Dunn said.

"This posed a significant command-and-control challenge between units that were up in front and those that were in the rear, as well as units that were to the left and the right in a vastly dispersed battlespace" he said.

The BCBL-G is one of three labs chartered by Training and Doctrine Command.

Along with Fort Huachuca, Ariz., and Fort Leavenworth, Kan., the lab is chartered with the responsibility of enhancing battle command capabilities.

## Meeting many missions

Another mission area of the battle lab is the Network Operations Security Center for the Battle Lab Collaboration and Simulation Environment.

The TRADOC-owned BLCSE is a distributive, closed, secured network that includes all of the TRADOC battle labs into a single network. The BCBL-G administers and coordinates use of the network.

This network allows for the conduct of force-on-force simulations across a distributed environment. Four or five major simulation exercises are conducted each year over the network.

Also operating out of the BCBL-G is a group orchestrating information assurance and network security. These individuals travel throughout the country to ensure that every point that connects to the classified BLCSE network — the equipment and personnel — are well versed in the security of the network.

The lab also addresses live experimentation. This group evaluates commercially-available technology for possible insertion into the force to satisfy an opera-



Operating out of the Fort Gordon Battle Command Battle Lab, international exchange officers Maj. Scott S. Youngson (left), British Royal Corps of Signals, and Maj. Clay Campbell, Royal Australian Signals Corps, run simulations on a prototype "battle command on the move" suite that is designed to operate in a Humvee.

*The goal is to deliver a broadband satellite communication system that can be used in a highly mobile mode to give situational awareness to a commander.*

**Maj. Clay Campbell**  
Royal Australian Signal Corps

tional needs statement.

"The technology is proven and in the market. We test comparable products of multiple vendors so that we can provide the acquisition community the data needed to compare a technology or a vendor so that an informed decision can be made," Dunn said.

"The team acquires prototypes and sample hardware such as new antennae and modem systems from industry partners. They are evaluated to determine whether the specifications described in advertisements can really be met by the hardware when placed in an operational environment."

## A multinational effort

Two exchange officers lead the technical evaluations of the battle command on-the-move project. Maj. Scott Youngson, British Royal Corps of Signals, said it has been interesting to work with the latest technology. "It is not something that I have had a chance to do in the UK."

On a day-to-day basis the officers design the test regimes that will examine the performance of the components and the complete systems under a number of different operational scenarios.

"Essentially, we pump data into the systems and then measure the throughput," said Maj. Clay Campbell, Royal Australian Signals Corps. "We can ultimately examine different systems side-by-side under the same circumstances in the hope that it becomes apparent which is the most effective tool."

"The goal is to deliver a broadband satellite communication system that can be used in a highly mobile mode to give situational awareness to a commander," Campbell said.

# Service members now insured for traumatic injuries

Army News Service

The Department of Defense has enacted a traumatic injury protection insurance under the Servicemembers' Group Life Insurance, or SGLI program. On Dec. 1, all service members eligible for SGLI became insured for traumatic injury protection of up to \$100,000 unless they declined SGLI coverage.

The program, which will be known as TSGLI, is designed to provide financial assistance to service members during their recovery period from a serious traumatic injury. A flat monthly premium of one dollar will be added to the monthly SGLI deduction, regardless of the amount of SGLI coverage that the member has elected, officials said.

A retroactive provision of the law provides that any service member, who suffered a qualifying loss between Oct. 7, 2001, and Dec. 1, 2005, will receive a benefit under the TSGLI program, if the loss was a direct result of injuries sustained in Operation Enduring Freedom or Operation Iraqi Freedom.

The Army has already received the first 144 claims for the Traumatic Servicemembers Group Life Insurance for Soldiers who sustained a traumatic injury in support of OIF and OEF.

"Our nation's commitment to our Soldiers is evidenced by this program," said Col. Mary Carstensen, director of U.S. Army Wounded Warrior Program and TSGLI.

"TSGLI is another benefit which assists our fallen warriors and their families so they can focus on recovery, further exemplifying the Warrior Ethos, 'Never leave a fallen comrade,'" Carstensen said.

Administered by the Army Wounded Warrior Program, or AW2, on behalf of the Army, the mission of TSGLI is to ensure that eligible Soldiers receive the monetary payments they are entitled to while providing them with the necessary information and assistance to complete and submit their TSGLI claims, officials said.

If a Soldier is unable to complete a claim due to incapacitation or death, family members with an appropriate power of attorney or letter of guardianship may apply for TSGLI benefits on behalf of a Soldier, officials said. Family members of a deceased Soldier who survived for 7 days after sustaining a traumatic injury and qualifying loss may also apply for TSGLI benefits.

TSGLI covers a range of traumatic injuries, including, but not limited to the following:

- Total and permanent loss of sight in one or both eyes.
- Loss of hand or foot at or above the wrist or ankle.
- Total and permanent loss of hearing in one or both ears.
- Loss of thumb and index finger of the same hand by severance at or above the metacarpophalangeal joints.
- Quadriplegia, paraplegia or hemiplegia.
- 3rd degree or worse burns covering 30 percent of the body or 30 percent of the face.
- Coma or the inability to carry out two of the six activities of daily living due to traumatic brain injury.

TSGLI is not disability compensation and has no effect on entitlement for compensation and pension benefits provided by the Department of Veteran's Affairs or disability benefits provided by the Department of Defense, officials said. They said it is an insurance product similar to commercial dismemberment policies.

TSGLI provides money for a loss due to a specific traumatic event while disability compensation is intended to provide ongoing financial support to make up for the loss in income-earning potential due to service-related injuries.

The Department of Defense developed this program in close coordination with the Department of Veteran's Affairs. The Office of the Under Secretary of Defense for Personnel and Readiness will closely monitor implementation with the services and make necessary adjustments if required, officials said.

Additional information on the traumatic injury protection benefit, as well as a listing of qualifying injuries, can be obtained by calling (U.S.) 1-800-237-1336 or visiting [www.aw2.army.mil/TSGLI](http://www.aw2.army.mil/TSGLI) for application and contact information.

*TSGLI claims can be faxed to (U.S.) 1-866-275-0684 or mailed to the following address:*

*Department of the U.S. Army  
Traumatic SGLI (TSGLI)  
200 Stovall Street  
Alexandria, VA 22332-0470*



# Young artists showcase talent in Garmisch

## *Fine Arts Exhibit draws community to Burke Center*

Story and photos by Sue Ferrare

The Garmisch Boys and Girls Clubs of America held a Fine Arts Exhibit Dec. 5 to 7 in the Pete Burke Community Center to recognize young artists in the community.

For some, though, the fun part – the making of the art – was already over, explained Lisa Carlson, Child and Youth Services director for U.S. Army Garrison Garmisch.

“Many times the parents enjoy this exhibit more than the kids, since they get to see the artwork on display,” Carlson said. “But the kids still enjoy the recognition and awards they receive.”

The BGCA holds a yearly Fine Arts Exhibit during which all of the young people whose art is selected to be put on display get a chance to receive recognition.

The BGCA has been partnered with the Army for seven years, Carlson said, and this is the fifth year that Garmisch has held the exhibit. The art displayed is chosen from work the children have done over the year during their time in the BGCA programs.

“This is only for kids who are registered with the School Age Services or the middle school programs,” Carlson said.

“The age classes are 9 or younger, 10 to 12, 13 to 15 and 16 to 18 years of age, and group project,” Carlson said.

“Within the age class, there are categories for each style or type of art. These are monochromatic drawing, multicolored drawing, pastel, watercolor, oil or acrylic, print making, mixed media, collage and sculpture,” she said.

The event was billed as an exhibit, not a contest – but judges chose one work of art from each category in each age group to be sent to the European Regional Art Exhibit. Artwork at the regional exhibit will then be selected to be judged at the national level.

The National Fine Arts Exhibit is shown at BGCA’s national conference and tours during the year.

Most of the artists who were finalists appeared to be quite excited about their art being chosen to go to the regionals.

Sacino Iniguez, a 9-year-old who is the finalist in the Multicolor Drawing category in his age group, said that he has only been doing art at the SAS for a few weeks, but he was very excited about continuing to do art and trying different styles.

“I want to start doing as much art as I can,” he said.

Other students, like 13-year-old Emily Tedesco, enjoy art but find it more fun when it’s social. “I don’t do art (at the Middle School Services) if no one else is doing it,” she said.

And, although Tedesco said she prefers using crayons or colored pencils, saying that they’re easier and less messy to use, she’s a finalist in the Acrylic category of her age group.

“For this picture I thought that paint would be fun to use,” she said.

There are also finalists like Xiomarah Cordero-Rodriguez, 11, who hope that in the future art can be both a job and a hobby.

Cordero-Rodriguez, a finalist in three categories (Collage, Sculpture and Multicolor Drawing), said art is one of her favorite hobbies – and collage is one of her favorite styles of art.

She explained what her winning collage was all about. “It’s my traits,” she said. “It shows my likes and dislikes and where I’m from.”

Carlson said this exhibit is a great opportunity for the kids to get their art shown someplace other than the Garmisch community.

“One year a kindergartner’s artwork was bought at the Regional Art Exhibit for \$100,” Carlson said.

“We’ve also had some of the art from Garmisch make it to the nationals in the States,” she said.

For more information about youth activities in Garmisch call 440-2757/civ. 08821-750-2757 or e-mail lisa.carlson1@us.army.mil.



### Regional qualifiers

#### Monochromatic Drawing

5-9 Nico Staples  
10-12 Sean Pepin  
13-15 Stephen Pacania

#### Printmaking/Etching

5-9 Julia Goodwin  
10-12 Chandler Lofland

#### Collage

10-12 Xiomarah Cordero-Rodriguez

#### Pastels

5-9 Tara Stiglemaier

#### Watercolor

5-9 Leo Thom  
10-12 Chandler Lofland  
13-15 Cassie Tisdale

#### Sculpture

5-9 Charlie Field  
10-12 Xiomarah Cordero-Rodriguez

#### Mixed Media

5-9 Charlie Field  
13-15 Cassie Tisdale

#### Multicolor Drawing

5-9 Sacino Iniguez  
10-12 Xiomarah Cordero-Rodriguez  
13-15 Parker Wilhelm

#### Acrylic

5-9 Ian Yako  
10-12 Jenny Hendrickson  
13-15 Emily Tedesco

Young artists such as Emily Tedesco, 13, (above) and Xiomarah Cordero-Rodriguez, 11, (below) were featured in the Dec. 7 Fine Arts Exhibit in Garmisch’s Pete Burke Community Center.

Tedesco and Cordero-Rodriguez were also among a group of artists whose works were selected for the European Regional Art Exhibit.



## Thank You!


The Patch High School Parent Teacher Student Association would like to thank the following volunteers for donating their time to make the 2005 PHS College Fair such a tremendous success:

## Thank You!

Col. Brad Arnold and Wanda Arnold (Auburn)  
Emmit and Andrea Arnold (Texas Tech)  
Laura Balas (University of Virginia)  
Linda Beuckens (University of North Dakota)  
Danielle Buchta (Baker University, Kansas)  
Sigrid Buehler (University of Maryland)  
Pam Bullock (University of Southern Mississippi)  
Diane Csrnko (University of Colorado)  
Claire Dickmeyer, Daniel Kennedy, Brittany McCluskey (AVID)  
Douglas Garretson (Purdue)  
Bernadette Hair (Campbell University, North Carolina)  
FCC SW AW Harrison (Navy)

EP1(SS) Gary Heppen (Navy)  
Kimberly Hernandez (Education Center)  
Gary Kelb (Southwest Baptist University)  
Meredith Morse (Education Center)  
Susan Morris (University of Georgia)  
Dr. Lavette Mullinix (Vanderbilt University)  
Bob Nichol (University of North Carolina)  
Kimberly Oshirak (University of Richmond)  
Susan Page (UCLA)  
Col. Anthony Pais and Jane Pais (VMI)  
Mary Poage (University of Florida and University of Georgia)  
Nancy Rogers (Central Texas College)

Steve Schmidt (Air Force Academy)  
Sue Schmidt (University of Colorado)  
Col. Michael Scott and Gina Scott (Virginia Tech)  
Maggie Temme (Towson University)  
Steve Townsend (West Point)  
Sgt. 1st Class Tracy Tyus (Army)  
Maj. Matthew F. Wadd (U.S. Military Academy, Coast Guard, U.S. Air Force Academy)  
Duane Werner (Fort Hays, Kansas State University)  
Lt. Col. George Whitbeck (U.S. Naval Academy)  
Carey Williams (University of Oklahoma)  
Sammi Wright (Fort Hayes Kansas State University)



**Don't be afraid  
to tell us the truth.  
We can take it. (Really!)**

- 1. Visit [www.stuttgart.army.mil](http://www.stuttgart.army.mil)**
- 2. Click "ICE"**

***ICE*** *Interactive  
Customer  
Evaluation*

# Is your vehicle ready for winter weather?

*Preparation key to avoiding cold-weather tragedies*

**6th Area Support Group Safety Office Release**

Winter driving can be inconvenient and annoying, but most of all it can be dangerous. However, being prepared can help minimize the special risks associated with cold-weather driving.

The following tips can help get both you and your vehicle through the snow and safely into spring.

**Where the rubber meets the road**

- Don't get caught unprepared by the first snowfall: Put snow tires or at least all-season tires on all four wheels. The minimum tread depth should not be less than 1/6 of an inch or 4 mm.

- Chains may be required for some alpine passes – check your route to see if they will be necessary.
- Beware of fallen leaves, which can make roads as slippery as if they were ice-covered.
- Remember: In icy conditions even the best tires are of little help. In the worst winter weather, drive with extreme caution – or not at all.

**See and be seen**

- Check that all of your vehicle's lights are in good working order and that headlight beams are adjusted correctly.
- Clean the lights regularly. In rain, snow and slush, lighting power can be reduced up to 75 percent by the accumulation of dirt and grime.
- Make sure your wiper blades are cleaning properly, with no smearing or stripes on the windshield.
- Clean both the outside and inside of the windshield. The effects of cigarette smoke and dirt particles on the inside can reduce visibility by one third.
- Be sure the windshield washer is adequately filled with

Emergency kits can be difference between life & death

*The National Highway Transportation Safety Administration advises drivers to equip their vehicles with safety kits and note the following tips to increase the odds of surviving in case of accidents or breakdowns.*

<b>Vehicle safety kit:</b>	<b>Passenger safety kit:</b>	<b>Advice when stopped or stalled:</b>
<ul style="list-style-type: none"><li>• Flashlight</li><li>• Jumper cables</li><li>• Abrasive material (sand or kitty litter)</li><li>• Shovel</li><li>• Warning devices</li></ul>	<ul style="list-style-type: none"><li>• Food</li><li>• Water</li><li>• First-aid kit</li><li>• Medication</li><li>• Blankets</li><li>• Cellular telephone</li></ul>	<ul style="list-style-type: none"><li>• Stay with your vehicle.</li><li>• Don't overexert yourself.</li><li>• Display bright warning devices.</li><li>• Be sure the exhaust pipe is clear.</li><li>• Run the car only long enough to remove the chill.</li></ul>


- freeze-resistance solution.
- Before driving, ensure that all windows and lights are completely clear of snow and ice. (No "porthole driving!")
  - Remove all snow from the roof of the vehicle to prevent motorists following you from being confronted and endangered by a sudden snow flurry from your roof.

**Fit to drive**

- Perform a fitness assessment on your vehicle to ensure it is up to the challenges of winter driving.
- Get an engine tune up, and switch to winter-grade oil (if you aren't already using all-season-oil).
- Check your car's battery, ensuring that it is in good condition, its connections are good and its terminal points are not corroded.
- Use anti-freeze that is not only strong enough to prevent freezing, but fresh enough to prevent rust.
- Be sure all fluids (including oil, brake and hydraulic) are at proper levels.

**Fighting the fog**


- Fog can affect perception, causing the illusion that vehicles in front of you are farther away than they really are.
  - As soon as you see fog, increase the distance between your vehicle and the one you are following.
  - Slow down.
  - Use low-beam headlights and rear fog lights.
  - Turn on your wipers and defroster to remove moisture from the windshield.
  - Use the right edge of the road or painted road markings as a reference – never rely on the rear lights of the vehicle in front of you.
  - Turn off the car radio and open the driver's window a little to listen for other vehicles.
  - If visibility is extremely limited, pull off the road, turn on your hazard flashers and wait until the weather has cleared.
- Remember, the key to winter driving is that it is better to arrive late but safe, rather than not at all.



**You & SNAP:**  
A winning combination  
for our security.

Stuttgart's Safe Neighborhood Awareness Program would like to thank  
**Melissa Rodeffer**  
for her outstanding performance as a community observer.  
Thank you, Melissa, for doing your part to keep our community safe!

<b>Stuttgart</b> DSN: 430-5560 / CIV: 0711-680-5560 earnest.epps@us.army.mil	<b>Garmisch</b> DSN: 440-3618 / CIV: 08821-750-3618 debbie.l.manning@us.army.mil
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**P.A.U.S.E. tips**  
*Watch out for the clues – and know what to do.*

- Be alert and aware of your surroundings – especially when exiting bars or restaurants.
- Be a "people watcher" while out in public. Remain alert at all times.
- Avoid high risk areas and demonstrations, and vary your travel patterns so as not to be predictable.
- Never get out of your vehicle without checking for suspicious persons. If in doubt, drive away.
- Know how to react if you are being followed. Do not drive home, but go to the nearest safe place and report the incident to the local U.S. military police.
- If you observe suspicious activity, write down license plate numbers of suspicious vehicles. Report descriptions of the occupants and the vehicle to the U.S. military police as quickly as possible.
- Report anyone or anything that you think is suspicious.

**Always remember to "P.A.U.S.E." for safety:**

- Prepared – Memorize important phone numbers.
- Alert – Always stay aware of your surroundings.
- Unpredictable – Vary your patterns to thwart surveillance.
- Secure – Keep doors and windows locked at all times.
- Exercise Caution – If a situation seems dangerous, avoid it.



# Winter sports squads take to court, hit the mats

## *PHS wrestlers tops in Heidelberg*

By Brandon Beach

The Patch High School Wrestling Team pinned down five Department of Defense Dependents Schools teams to take top team honors at the season's opening tournament Dec. 3 in Heidelberg's Mark Twain Village. Panther wrestlers amassed 186 points during the daylong event to edge out league heavyweights Heidelberg (168.5) and Wiesbaden (156.5), both Division I teams (PHS competes at the DoDDS Division II level).

"When a Division II school [PHS] finishes first in this kind of a tournament, it's a big deal," said head coach Todd Taylor. "In almost every weight class, we earned points."

Now in his fourth year as a member of the Panther coaching staff, Taylor said he couldn't remember the last time Patch had beaten Heidelberg, a team that finished second in the European Championships last year.

Rounding out the tournament field were Hanau (which placed third), Giessen and Mannheim.

### *Hungry for wins*

Individually, three Panther wrestlers – junior Nathan Buckley (130 lbs.) and seniors Tony Gorry (171 lbs.) and Brian Bowles (275 lbs.) – finished with top honors in their weight classes.

Buckley, who has been wrestling for three years, seeks to make the podium (as one of the top three finishers) in the European Championship in February. Buckley said he thrives on the sport's individual challenges. "It's just you and the mat," he said. "There's no hiding out there. You have to rely on yourself."

Freshman Jared Branch, a standout on the U.S. Army Garrison Stuttgart Child and Youth Services' Sabercats Wrestling Team, has a new challenge this year, as he now locks horns against heavier 112-pound opponents. (Branch previously competed against 90-pounders).

"It's a lot more challenging in this weight class with more experienced wrestlers," said Branch, who won his first two matches with pins. "It's going to take hard work this season. I have to want it more than anyone else to reach champs,"

First-year competitor sophomore Mikhail Legaspi (152 lbs.) couldn't hide his emotion after scoring a first match victory. After the referee lifted his arm, he sprinted to his coaches, Joe Karr and Matt Kurnisfeld, to celebrate the start of a budding career. "It's a great way to start off the season," he said.

Unable to stand on his feet, a depleted Randy Bowker, a junior at PHS, crashed onto the warm-up mats after his nearly six-minute tussle against teammate Ryan Ramirez in the 152 lbs. weight category. "That will probably be the hardest match I'll have all year," said Bowker, who edged out his practice partner in the match. "I'm sure we'll face each other again this season."

"They are all hungry for wins," said Karr, in his second year as a Panther coach. "All these kids have come to wrestle hard, have fun and learn from these matches. Usually we see this kind of focus in the middle of the season,"

Karr also credits the team's strong showing on the numbers. With 47 wrestlers, this is the first time all of the squad's weight classes are filled.

"We haven't seen any early dropouts in the opening weeks. They are sticking with it and putting on a gutsy performance here," said Taylor, who said the team usually experiences a drastic decrease after the first week of punishing practice.

### *Girls find glory on mat*

"Coach [Taylor] is always saying in practice that you have to be able to sprint for six minutes to wrestle," said senior Adama Lamon, one of three "gutsy" girls who are hitting the mats five days a week.

In her first season as a wrestler, Lamon, signed up for the team to support her friend, sophomore Cassie Banchs, whose big sister, Christina, a senior at PHS, also grapples. "It's a buddy system thing," Lamon said.

"It's one of the hardest things I've done," said sophomore Banchs, who suffered a knee injury in her first match of the tournament. "You lose a bunch of weight and build muscle quickly – but it hurts, though."

Banchs said she looks to Christina (in her second season with the Panthers) for inspiration. Her sister, Cassie said, "never quits."

Cassie Banchs said she seeks to accomplish two things this season. "I want to win a match and go down two weight classes," she said. Even though she didn't post that win on Saturday, she used what seemed to be every ounce of vocal strength to propel her friend, Lamon, to her first pin of the season.

In her afternoon match, Lamon grappled against a Wiesbaden wrestler and found that elusive pin late in the second period.

When the referee raised her arm in victory, an exhausted and near-tearful Lamon raced off the mat to hug her coaches, all of whom credit her determination in practice.

"I had such a hard time to roll him [opponent]. His armpit was in my face the whole match," said Lamon, who, despite the smell of teen spirit, could still say,



*PHS freshman Ryan Closs tries to flip his opponent during his opening match in the Dec. 3 meet in Heidelberg.*

"That was awesome."

### *The road to Europeans*

Following the holiday school break, the Patch squad travels to Wiesbaden (Jan. 14) and Vilseck (Jan. 21) before hosting a six-team tournament Jan. 28 in the Patch Fitness Center gymnasium. The European Championships are scheduled for Feb. 17 and 18 in Wiesbaden, and the Panther wrestlers say they are hungry to shake up the competition and earn podium honors.

### *Notable Performances by PHS wrestlers during the Dec. 14 tournament in Heidelberg*

#### *1st place*

- Junior Nathan Buckley (130 lbs.)
- Senior Tony Gorry (171 lbs.)
- Senior Brian Bowles (275 lbs.)

#### *2nd place*

- Freshman Jarrod Branch (112 lbs.)
- Junior Nicholas Rogers (119 lbs.)
- Freshman Chris Oppliger (130 lbs.)
- Senior Michael Beuckens (189 lbs.)
- Junior Brian Taylor (215 lbs.)

#### *3rd place*

- Junior Donald Tatch (140 lbs.)

#### *4th place*

- Freshman Daniel Taylor (125 lbs.)
- Sophomore Zach Page (140 lbs.)
- Sophomore Andrew Bressler (145 lbs.)
- Senior Matt Karr (160 lbs.)
- Junior Mike Dickmeyer (275 lbs.)

### *Patch High School Wrestling 2005-2006 Schedule*

- Jan. 14 – @ Wiesbaden
- Jan. 21 – @ Vilseck
- **Jan. 28 – Home (six-team tournament)**
- Feb. 4 – @ Kaiserslautern
- Feb. 11 – @ Heidelberg
- Feb. 17/18 – @ Wiesbaden (champs)



*Sophomore Benjamin Bowles, 15, drives down the court in the junior varsity team's opening game. Mannheim edged out the Panthers 26-25.*

(All photos on this page by Brandon Beach)

## Panthers, Lady Panthers hoop teams off & running

By Brandon Beach

The Patch High School basketball teams tipped off the winter season against conference rivals Mannheim Dec. 3 in the PHS gymnasium.

A near-capacity crowd enjoyed a full day of fast-paced action and thrilling finishes.

The Lady Panthers fought back from a seven point deficit at the half, but came up just short in the end. With 12 seconds left on the clock, PHS clung to a narrow one-point lead, but a turnover and a loose ball foul down the stretch cooled the Panther rally and sent Mannheim to the line.

Despite the home crowd's bleacher-stomping efforts, Mannheim drained both free throws to seize a late 29-28 victory over the Panthers.

"I think today they handled the pressure very well. You could see their confidence grow in the second half," said Böblingen Elementary School teacher Robin Hess, who coaches the Panthers along with PHS media arts teacher Walter Fritz. "They have tremendous talent, but they have to learn how to use it."

The varsity boy's basketball team couldn't recover from a second quarter Bison blitz that saw Mannheim score 24 points.

With 4:19 left in the fourth, the Panther boys trimmed the Bison lead to within five points, the shortest margin in the half.

Despite the rally, Mannheim continued their hot three-point shooting down the stretch to earn a 74-60 victory.

"They learned they have the ability to fight back," said coach Steve Horsley, a Soldier with the 1st Battalion, 10th Special Forces Group (Airborne). "The difference was in the second quarter. They let their emotions get in the way of playing good basketball."

Rounding out the day's matchups, the junior varsity boys fell to Mannheim by a single point, 26-25, while the junior varsity girls scored the decisive win of the day, 24-14, to avoid a Mannheim sweep.

### *Teams hit the road in Jan.*

Following a two-week winter break, PHS hoop teams resume play against Ansbach (Jan. 20 and 21) and Aviano (Jan. 27 and 28) before hosting Hanau at home Feb. 3 and 4.

This year's European Championships will be held Feb. 22 to 25 in Mannheim.

For more information about Patch High School basketball, wrestling and other school-sponsored athletic opportunities call 430-8591/civ. 0711-680-8591.



*PHS defender Heather Hall hones in on a loose ball during Patch's Dec. 3 contest against Mannheim in the PHS gym. After fighting back from a seven-point deficit at halftime, the Lady Panthers came up one point short, dropping their opener 29-28.*

## They learned they have the ability to fight back.

**Steve Horsley**  
Patch High School  
Boy's basketball coach

### *PHS Boys' Basketball 2005-2006 Schedule*

- Jan. 20/21 – @ Ansbach
- Jan. 27/28 – @ Aviano
- **Feb. 3/4 – Home vs. Vilseck**
- Feb. 10/11 – @ Hanau
- Feb. 17/18 – @ Black Forest Academy
- Feb. 22-25 – @ Mannheim (Championship Tournament)

### *PHS Girls' Basketball 2005-2006 Schedule*

- Jan. 20/21 – @ Ansbach
- Jan. 27/28 – @ Aviano
- **Feb. 3/4 – Home vs. Vilseck**
- Feb. 10/11 – @ Hanau
- Feb. 17/18 – @ Black Forest Academy
- Feb. 22-25 – @ Mannheim (Championship Tournament)

### *PHS Rifle Team 2005-2006 Schedule*

- Jan. 7 – @ Ansbach
- Jan. 14 – @ Würzburg
- Jan. 28 – @ Hohenfels (Finals)

For season-ending wrapups of the PHS winter sports season, be sure to check out The Citizen in February & March 2006.

For more about Patch High School online visit [www.stut-bs.eu.dodea.edu](http://www.stut-bs.eu.dodea.edu)





Brandon Beach

*Annaliese Muse-Harbach, 5, and her baby sister, Anorah, 5 months, share a moment on Santa's lap Dec. 1 in the Kelley Community Club. Santa made appearances on five installations in Stuttgart and Garmisch to help community members welcome the holiday season.*

## *Stuttgart, Garmisch welcome holiday season with festive events on area installations*

By Hugh C. McBride

If beginnings are any indication, the holiday season is destined to be a festive one in southern Germany.

Members of the Stuttgart and Garmisch military communities gathered on five area installations to welcome the holidays with lights, music, food and fellowship.

From traditional tree-lighting ceremonies to the area's first "Winterfest," residents were provided with a variety of opportunities to celebrate the start of the holidays.

Gatherings on Patch Barracks, Panzer Kaserne, Kelley Barracks and Robinson Barracks in Stuttgart and Artillery Kaserne in Garmisch featured carols, candy and the chance for children to make last-minute pleas with the jolly old elf himself, Santa Claus.

In Stuttgart, a week's worth of tree-lighting ceremonies culminated in the community's first Winterfest, which saw Patch Barracks's Washington Center transformed into a mini-Christmas market, replete with vendors and traditional German food and drink.

U.S. Army Garrison Stuttgart Commander Col. Kenneth Juergens said the opportunity to enjoy the inaugural Winterfest was the result of a concerted community effort – and the superior service of a few individuals.

"This event would not have happened without the hard work of Marisa Toth, Capt. Jay Cash and Ty Stearn," Juergens said.



Maj. Anthony Black



Sue Ferrare

*[Above] Young singers help Garmisch residents get into the holiday spirit during the community's Dec. 5 tree-lighting celebration on Artillery Kaserne.*

*[Near Left] Looks like Santa's got competition – Frosty the Snowman makes himself available to hear holiday wishes Dec. 5 in Garmisch.*

*[Far Left] A Soldier from the 1st Battalion, 10th Special Forces Group (Airborne) puts the final touch on the unit's entry in the tree-decorating contest during Stuttgart's Dec. 2 Winterfest.*



Sue Ferrare



# Garmisch residents lauded for lifesaving effort on Austrian trails

## Jarvis, Reed credited with helping to avert tragedy

By Sue Ferrare

A pair of Garmisch ski patrollers have been honored by the George C. Marshall European Center for Security Studies for their quick action at the scene of a June 18 accident that left one of their party with a broken neck.

Charles Iniguez was riding with about 20 other people when he fell off his mountain bike during a fast descent down a dirt road near Lermoos, Austria.

That's when several of the other riders got a chance to put their outdoor emergency care skills to the test.

### Right time, right place

Luckily there were five trained ski patrol members, Marc Jarvis, Ben Reed, Ewa Denikiewicz, Jeff Allen and Rob Field, who were certified for outdoor emergency care.

Two members, Jarvis and Reed, had at least 10 years experience each.

"I was riding ahead when I turned around and I saw that Iniguez had fallen, and Ben Reed was already there starting an assessment," said Jarvis, who works at the Mueller Fitness Center.

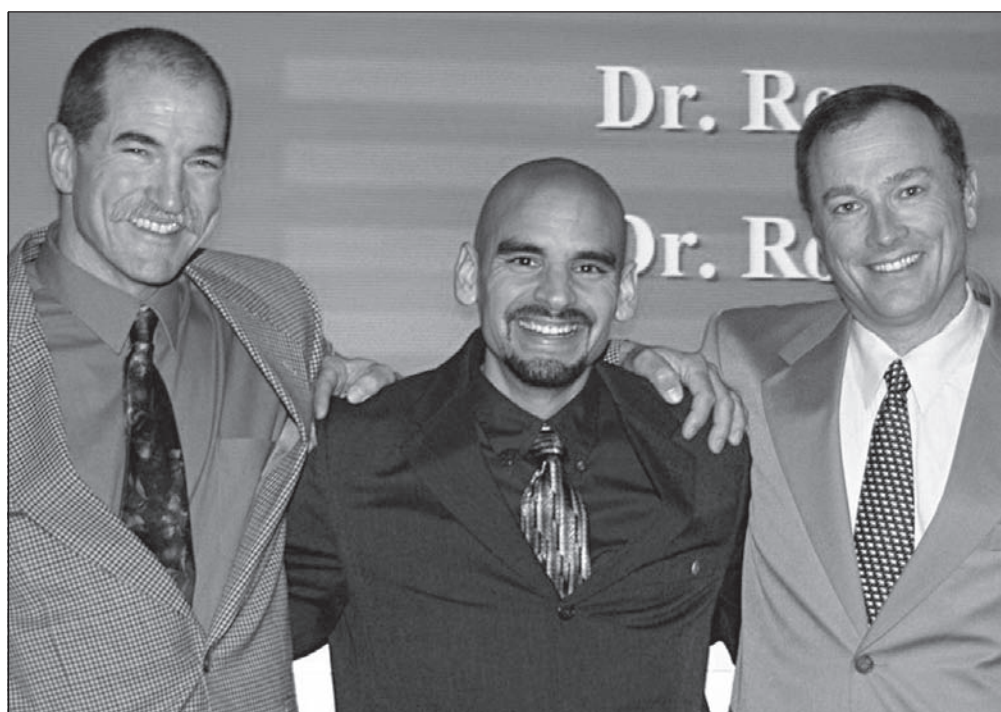
At first Iniguez, who works at the Service Federal Credit Union, said he didn't even know what was going on and didn't realize that he had been hurt. Then, he said, he could only hear voices around him because he was lying on his stomach.

"I didn't even know the people that were helping me because I was new to the community," Iniguez said.

"I thought that my main injury was in my chest because I couldn't breathe," he said. He later found out he had broken a rib, but unfortunately that was also not his worst injury.

"My neck also felt as if I had just been hit, but not as if it was broken," Iniguez said. "I fully expected to get up and ride away from the fall."

Reed, who works in the conference center at the Marshall Center, said that during the initial assessment they suspected a head or neck injury. "His helmet was really beat up," he said. "But I didn't have any idea that the injury was as bad as it was."



From left: Marc Jarvis, Charles Iniguez and Ben Reed are reunited during an award ceremony held in Garmisch's George C. Marshall European Center for Security Studies. Jarvis and Reed were honored for helping to save Iniguez's life after a June bicycle accident in Austria.

The ski patrol members continued their assessment of Iniguez's injuries and noted that he was moving his extremities, but not moving his upper torso or head. "We thought it was good that he could move his hands and feet," Jarvis said.

Because Iniguez was having trouble breathing, Jarvis said they had to check his chest for injuries. They removed his back pack so that they could do a log roll, which is rolling an injured person while keeping his spine as straight as possible.

"I held his head and Ben Reed, Jeff Allen and Ewa Denikiewicz secured his body," Jarvis said. "We executed a log roll and Ben continued the assessment, cutting his shirt to assess his chest."

At that time, Rob Field started cleaning up and bandaging the abrasions to Iniguez's face and arms, Jarvis said.

After rolling him over, Reed said that they had to make sure Iniguez kept still while Jarvis continued to hold his head in an effort to prevent further injuries. "We did this until the

ambulance arrived," Reed said. "During this time his level of consciousness was lowering. He was forgetting some things that had happened earlier in the day."

"I was worried about his deteriorating level of responsiveness because this might have been an indication he was going into shock," Jarvis said. An ambulance arrived about 25 minutes later, he said.

After the ambulance attendants did their own assessment, they called for a helicopter and a doctor.

Jarvis said that when the doctor arrived and assessed the injuries, Iniguez was transported to the Garmisch Krankenhaus.

"I didn't find out my neck was broken until they took x-rays at the hospital," Iniguez said. The doctor said that a disk in Iniguez's upper spine was completely shattered, but that his spinal cord was not damaged, Jarvis said.

Jarvis and Reed were cited because their lifesaving actions saved Iniguez from paralysis or death, according to an official commendation presented during a ceremony in the Marshall Center.

Jarvis said that when he heard about Iniguez's broken neck, he worried about it a lot. "I lost a lot of sleep the first few days after the accident going over the things we did and the what ifs," he said.

"Part of the mission of the ski patrol is to not make things worse," Jarvis said. "With this accident, we could have made it much worse."

Reed said he was thankful that there were so many people with emergency care training at the accident.

"There were five of us who were trained [in outdoor emergency care]," he said, "and because of this training, we each knew what the other was thinking and doing and that made it easier for us to do what needed to be done."

Reed said that he thinks this training is a good investment for him and his family. "I took this course because my family likes to do outdoor activities," he continued. "And because accidents can happen anywhere at anytime. Overall, I was very pleased that we were able to help Charles."

## 'Healthy Lifestyle Challenge' to return in January

By Sue Ferrare

For most people, starting a new year means a resolution to get in shape. For those who live and work in Garmisch, the Mueller Fitness Center has a program to help them realize those resolutions and reach their goals. It's called the Healthy Lifestyle Challenge.

"It all started four years ago when I read an article about a town that helped its residents get in shape," said Lori Papson, fitness coordinator for U.S. Army Garrison Garmisch. "I got the idea that we could do something similar."

The Healthy Lifestyle Challenge, which runs Jan. 23 to March 19, encourages participants to try new exercises as well as try a healthier way of eating, she said.

"We want to educate people about how to have a healthier lifestyle," Papson said. "If you've never walked into a gym before, we want to help you feel comfortable, not intimi-

*"If you've never walked into a gym before, we want to help you feel comfortable, not intimidated. We will provide you with any help or information you need to get you started."*

Lori Papson  
Mueller Fitness Center

dated. We will provide you with any help or information you need to get you started."

Papson explained that although she wanted to help people have a healthier lifestyle, the program is also a competition.

"Each team will receive exercise logs in which to keep track of their daily and weekly workouts throughout the competition," she said. "Participants will receive points depending on how often they exercise and what kind

of exercises they do."

People competing in the challenge get started by having a health assessment taken by someone from the fitness center.

Some of the things that are assessed are body fat, flexibility, blood pressure, resting heart rate and cardiovascular fitness.

At the end of the challenge, participants will receive another assessment to see if they have reached their goals.

"My goal for the challenge last year was just to lose some body fat and to get in better cardio health," said George Patail, one of the participants on the 2005 winning team.

Patail says that he comes to the gym every day now, after stretching in the morning with his wife, Ailien. He said they've also changed the way they eat.

"I didn't have big aspirations for myself, when I began, but it's become addictive," he explained. "I can go up the stairs without getting out of breath, and it's easier to go on hikes now."

Papson explained that this is what she wants people to get out of the Healthy Lifestyle Challenge.

"I want people to adopt a healthy lifestyle and keep with it," she said. "And we want to help you find the best way to do it."

For more about the Healthy Lifestyle Challenge call 440-2747/civ. 08821-750-2747 or e-mail lori.papson@us.army.mil.



# Advancements reduce clinic 'no shows'

## New audio appointment reminder system launched

By Christine Castro

**D**id you remember to call the health clinic to cancel your last appointment when you miraculously felt better at the last minute?

If you are like 40 percent of Stuttgart Army Health Clinic patients, you forgot – or some extenuating circumstance prevented you from calling the clinic to inform them that you no longer needed the appointment.

Most people who fail to call the clinic to cancel their appointment do so because they either have other obligations or they start to feel better and forget about their appointment, said Lt. Aaron Northup, executive officer to the health clinic commander, Col. Diana Ruzicka.

Not showing up to your medical appointment may not seem like a big deal – besides, it gives them the opportunity to see other patients, right?

### No shows cost money

The truth is, Northup said, every time a patient does not show up for his or her appointment without notice, it creates an inefficient use of time for the doctor who needs to wait in case the patient arrives.

In some cases, a doctor may have three consecutive no-shows. In addition to wasting valuable time that could have been put to use seeing other patients, this lost time also translates into lost money for the clinic.

In Stuttgart, between eight and thirteen thousand dollars a month is wasted simply because patients do not call the clinic to cancel their appointment, Northup said.

The amount that Stuttgart loses is actually low compared to other area clinics, Northup said. No-shows cost clinics in the outlying Heidelberg area up to forty thousand dollars a month, he said.

To reduce patients' chances of forgetting their appointments, this past September the Stuttgart Health Clinic stopped allowing patients to make advance appointments.

About 70 percent of appointments are made "same-day" in order to deal with high percentage of no shows.

The only appointments that can be made in advance are for radiology, immunizations, flight physicals, over-40 physicals, audiology, hearing conservation tests or block appointments for the Soldier Readiness Program.

### Why wait in line to refill your prescription medication when you can use AudioCARE?

- Call in refills 24 hours a day, seven days a week.
- Only the last four digits of your Social Security Number and the numeric portion of your prescription number are needed.
- Designate any Army pharmacy in Germany, Belgium or Italy, or any Air Force pharmacy in Germany for pick-up.

To call in prescription refills with the Stuttgart Army Health Clinic Pharmacy call 430-4925/civ. 0711-680-4925.

### Personal assistant

Although same-day appointments may not be the most convenient procedure for working personnel, it served as a temporary solution until the new AudioCARE™ Appointment Reminder System was implemented.

AudioCARE acts as a personal assistant, calling to remind patients of their appointments.

The computer system will track clinic appointments and call patients two business days (not to include federal holidays) prior to their scheduled appointment.

Patients will receive a phone call with an automated message informing them of their scheduled appointment.

The message will prompt the patient to press a number to confirm the appointment, cancel it, indicate that the system has dialed a wrong number, request to receive an additional reminder phone call later or request to receive a call back from a clinic staff member in order to reschedule the appointment.

Patients should be aware that they will receive the reminder phone call at the phone number that sponsors previously provided to the Defense Enrollment Eligibility Reporting System (DEERS).

However, AudioCARE is not set up to contact Defense Switched Network (DSN) phone numbers.

If AudioCARE cannot connect with the phone number

provided or reaches a busy signal, it will continue to call the number until it connects.

Each morning, the health clinic executive officer will receive an e-mail report of all the negative phone responses categorized by clinic section.

An administrator from each section will then attempt to contact patients personally to confirm, reschedule or obtain correct contact information.

Unfortunately, Northup said, it requires additional time and resources for an administrator to contact patients and update their information.

That is one reason that it is so important to ensure that your information in the DEERS system is accurate and updated regularly, Northup said.

AudioCARE was originally fielded as a pilot program in three clinics, including the health facility in Vilseck.

The response from those clinics is that "it really helped reduce their no-show rate, opening more appointments up throughout the day," Northup said.

"Since access [into the clinic] is our biggest problem in Stuttgart, trying to eliminate that, this will improve the access," he said.

For more information call the clinic at 430-8610/civ. 0711-680-8610.

Feeling a little  
stressed lately?

Don't wait until you **break.**

Army Community Service  
can help.

Find out how you can benefit  
from Stress Busters.

For more information call Stuttgart ACS at 430-7176/civ. 0711-680-7176 or Garmisch ACS at 440-3777/civ. 08621-730-3777.



## — Be right, then go forward — Inspectors General dedicated to teaching ‘what right looks like’

By Hugh C. McBride

Joe Friday would have made a great inspector general. The fact-obsessed fictional detective of “Dragnet” fame would have fit in fine in the IG field, where finding the truth and retaining objectivity are mission-essential.

“Our goal is to be fair and impartial fact-finders,” said Capt. Mark Kurowski, the U.S. Army Garrison Stuttgart inspector general. “IGs serve as an extension of the commander’s eyes, ears, voice and conscience.”

### ‘Droit et Avant’

Operating under the motto “Droit et Avant” (“Be Right, Then Go Forward”), inspectors general are charged with determining the state of a command’s “economy, efficiency, discipline, morale and readiness,” Kurowski said.

Meeting this mission is accomplished via the following four IG functions:

- **Assistance** – IGs will conduct informal fact-finding in response to requests from service members, family members, civilian employees, local nationals and retirees.

Assistance efforts may range from locating a regulation to helping a former spouse who is not receiving court-ordered child support from a service member.

- **Teaching and Training** – Members of the USAGS IG staff are available to conduct unit or organizational training on a variety of issues “whenever and wherever we are needed,” Kurowski said.

- **Inspections** – Conducted only at the direction of the commander, IG inspections focus on “systemic issues and [are done to] determine the root cause for any non-compliance,” Kurowski said.

- **Investigations** – Also conducted only at the direction of the commander, IG investigations are formal fact-finding missions performed in response to allegations of illegal activities or actions that violate regulations or policies.

### Don’t believe what you’ve heard

Though they function in a world of facts, IGs often find themselves dispelling myths and erroneous opinions about who they are and what they do.

“We’re not the bad guys in the black hats,” said Sgt. 1st Class Bonita Owens, USAGS assistant inspector general. Though some still retain the belief that a visit from the IG means one’s job – or career – is in jeopardy, Owens said that today’s IG corps is dedicated to objectivity and neutrality in its effort to help a command become better.

“I want our community to feel comfortable with us,” she said. “We’re here to help.”

“We’re not here to dig up dirt or look for the skeletons in the closet – though we are required to look into every issue



Kurowski



Owens

### Points to consider before you call the Inspector General:

- Be sure you have a problem, not just a “pet peeve.”
- Give your chain of command a chance to solve the problem.
- Be honest. In most cases, the IGs discover the truth quickly – and penalties exist for providing false information.
- Remember: IGs can only recommend solutions, and cannot order resolutions.
- Be patient – the IG process can take time.
- Be prepared to take “no” for an answer. (But in any case, expect the IG to explain to you how and why the decision was reached.)

source: USAGS Inspector General

that is brought to our attention,” Kurowski said, adding that an essential IG service is putting false accusations or rumors to rest.

“Part of our responsibility is to protect people’s good names,” he said.

### ‘What right looks like’

To help accomplish that goal, Kurowski said that his priorities are the Assistance and Teaching & Training components of the IG mission.

“If you have a question about a regulation or a policy, ask us,” Kurowski said. “We may not initially be experts on your issue, but you can be sure that once we have researched it, we will be.”

To help head off problems before they arise, Kurowski and Owens will also meet with units or organizations to instruct them on specific regulations or policies that may affect the group.

“We’re available to instruct about IG functions, and can offer scenario-based training as well,” Kurowski said. “We want to teach people what right looks like.”

For more information about the USAGS IG:

- Call 421-2555/civ. 0711-729-2555.
- E-mail mark.kurowski@us.army.mil or bonita.owens@us.army.mil.
- Visit the IG office on Kelley Barracks (building 3314, first floor).

## Collateral-duty counselors play essential role in EEO process

By Hugh C. McBride

In the Stuttgart and Garmisch military communities, volunteer counselors are an essential element in the effort to ensure an equitable environment exists for federal civilian employees.

Also known as “collateral-duty counselors,” these individuals (all of whom are employed in non-EEO positions with U.S. Army Garrison Stuttgart) gather data related

to complaints of workplace discrimination that have been filed with the USAGS Equal Employment Opportunity office.

“The collateral-duty counselors provide a very valuable service,” said EEO Manager Sandie Wallace.

These individuals attended an intensive, 40-hour training session and have committed to dedicate up to 20 percent of their work time to EEO issues, Wallace said. Their primary duty, she said, is to gather data related to EEO complaints.

“EEO is a neutral party whose goal is to find resolutions for issues related to workplace discrimination,” Wallace said. “If you’re working in a place where issues are genuinely resolved, everybody benefits.”

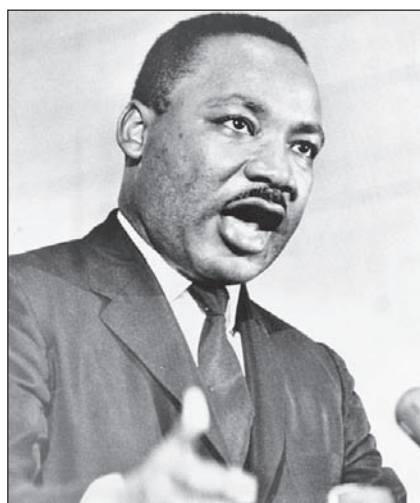
If an issue in the pre-complaint stage is not processed utilizing alternative dispute resolution (for example with all parties agreeing to mediation), Wallace said, it will be processed by traditional counseling – at which time the collateral-duty counselors will begin collecting information.

The USAGS EEO office is currently augmented by the following 14 collateral-duty counselors:

- |                         |                              |
|-------------------------|------------------------------|
| • Larry Arnett (DCA)    | • Jeffrey McMullen (IRACO)   |
| • Maria Beach (DISA)    | • Ulrike Meissner (MWR)      |
| • Ray Eden (DOL)        | • Annette Pierce (DPW)       |
| • Toni Fry-Walker (DOL) | • Martha Povich (DPW)        |
| • Renadji Gaston (DPW)  | • Liz Thayer-Neuer (MWR)     |
| • Patricia Howe (ACS)   | • Patricia Strowbridge (DOL) |
| • Sheila Lewis (DRM)    | • Eische Wyatt (EUCOM)       |

For more about information about EEO:

- Visit [www.stuttgart.army.mil](http://www.stuttgart.army.mil) (select “Installation Support Offices,” then “Equal Employment Opportunity”).
- Call 421-2684/civ. 0711-729-2684.
- E-mail [eeo@6asg.army.mil](mailto:eeo@6asg.army.mil).



— “Let Freedom Ring!” —

## Martin Luther King Jr. Celebration

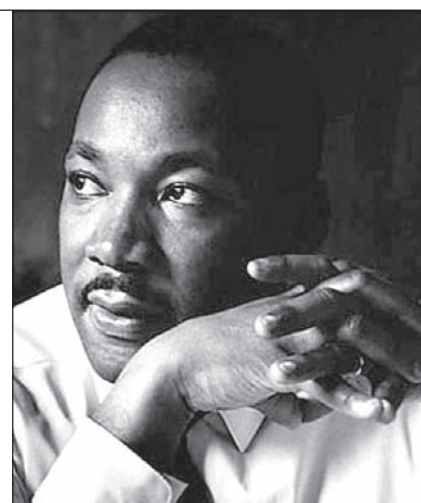
Patch Community Club – January 17 – 11:30 a.m. to 1:30 p.m.

Guest Speaker: Command Sgt. Maj. Michael Bartelle (U.S. European Command)

Entertainment: Tech Sgt. Laron Washington, Sgt. 1st Class Juana Anderson & the Panzer Gospel Choir

Menu: Bob’s Famous Soul Food Lunch

To purchase tickets call Angelika Frazier at 421-2363/civ. 0711-729-2363.







**Standing before a row of pine boxes containing the recently discovered remains of Holocaust victims who had been buried in a mass grave on what is now the Stuttgart Army Airfield in Echterdingen, Rabbi Yafe Schlesinger of the Rabbinical Center of Europe speaks during the Dec. 15 reburial ceremony.**

## Remains reburied at airfield

### *Hundreds attend ceremony in honor of Holocaust victims*

Story & photos  
by Hugh C. McBride

More than 60 years after they were abandoned in a mass grave in the dying days of World War II, the remains of 34 victims of the Holocaust were laid to rest with dignity during a Dec. 15 ceremony on the Stuttgart Army Airfield in Echterdingen.

More than 300 individuals – including representatives from the U.S. military, the city of Echterdingen, the state of Israel and the Stuttgart-area Jewish community – attended the afternoon ceremony. The gathering was held just inside the airfield's main gate, where the remains were discovered in September.

Contractors who were digging near the gate unearthed the first set of remains Sept. 19. After the construction work was halted, the skeletons of 33 additional individuals were discovered.

The remains are believed to be those of prisoners from the Leinfelden-Echterdingen labor camp, which operated near the present site of the Army Airfield (adjacent to Stuttgart International Airport) from 1944 to 1945.

The discovery of the victims after more than six decades was “a miracle,” said Rabbi Israel Meir Lau, the chief rabbi of Israel.

Meir said their re-emergence was a refutation of those who claim the Holocaust did not occur.

“Look at these coffins,” implored Lau, himself a Holocaust survivor, as he gestured toward the

*‘ Last week the president of Iran is denying the Holocaust. I have to invite him to Stuttgart today.*

**Rabbi Israel Meir Lau**  
*Chief Rabbi of Israel*

rows of pine boxes arrayed before him. “They bear witness to all humanity. They deny the deniers.”

Lau said the discovery and reburial of the victims was especially timely, given recent comments by Iranian President Mahmoud Ahmadinejad that the Holocaust is “a myth.”

“Last week the president of Iran is denying the Holocaust,” Lau said. “I have to invite him to Stuttgart today.”

Representing the *Präsidium Zentralrat der Juden Deutschland* at the ceremony, Nathan Kalmanowicz said the multinational gathering was “a most honorable way” of honoring the victims – and evidence of a continuing effort to bridge cultural and ethnic gaps.

However, Kalmanowicz implored those in attendance to respect Jewish beliefs and never to disturb burial sites.

“Where there are graves we must be careful never to dig,” he said. “Every disturbance sends tremendous pain to the soul.”



**A pine box containing the remains of a Holocaust victim is lowered into the ground at the end of the Dec. 15 reburial ceremony.**

## News & Notes

### *Got issues? Get AFAP*

Now is your opportunity to submit issues that you would like to be considered during Stuttgart's Feb. 10 Army Family Action Plan conference. Topics may be submitted via the following means:

- E-mail [jose.mundo@cmtymail.6asg.army.mil](mailto:jose.mundo@cmtymail.6asg.army.mil).
- Visit [www.stuttgart.army.mil](http://www.stuttgart.army.mil). Select “Army Community Service then “Army Family Action Plan.”
- Pick up an AFAP form in the **Army Community Service office in Washington Square, bldg. 2307 on Patch Barracks** and return it via the anonymous drop box there.

The deadline to submit issues is Feb. 3. For more information call 430-7176/civ. 0711-680-7176.

### *New Year's Eve parties in Stuttgart*

• Welcome the new year with a blast at the **Galaxy Bowling and Entertainment Center's** New Year's Eve party Dec. 31, from 9 p.m. to 1 a.m.

Festivities will include a buffet, champagne and party favors. Tickets cost \$15 (ages six to 12) and \$25 (ages 13 and older). For details call 431-2719/civ. 07031-15-2719.

• Invite your friends and family to ring in the new year in style at **Sliders Lounge** party on Patch Barracks, Dec. 31.

Enjoy music all night long, party favors, champagne at midnight and breakfast at 1 a.m., all for \$20.

Doors open at 7:30 p.m. For more information call 430-5758/civ. 0711-680-5758.

### *DFAC Holiday Luncheon*

The Patch Barracks Black Stallion Inn will hold a holiday luncheon Dec. 22, 11 a.m. to 1 p.m. Cost is \$5.80 (\$4.80 for E-4s and below and their family members.)

For more information call 430-7104/civ. 0711-680-7104.

### *Patch YS Open House*

The renovated Patch Youth Services facility will unveil its new computer lab, creative art room, homework room and a 50s-style diner with a ribbon-cutting ceremony on Jan. 6 at 4 p.m.

The ceremony will be followed by a free winter beach luau and dance, open to all youth ages 7th grade and up, from 5 to 11 p.m.

For more information call 430-7204/civ. 0711-680-7204.

### *Holiday APO hours*

**Kelley Barracks** – Tuesdays and Thursdays, 9:30 a.m. to 4:30 p.m. (closed 1 to 2 p.m.)

**Robinson Barracks** – Tuesdays to Thursdays, 9:30 a.m. to 4 p.m. and Saturdays 8:30 to 11:30 a.m. (closed 1 to 2 p.m.)

**Panzer Kaserne** – Mondays, Wednesdays and Fridays 9 a.m. to 4 p.m. (closed 1 to 2 p.m.)

**Patch Barracks** – Mondays, Tuesdays, Wednesdays, and Fridays 9 a.m. to 4 p.m., Thursdays 11 a.m. to 5 p.m.

For more information call 2nd Lt. Melissa Comiskey at 421-4149/4286/civ. 0711-729-4149/4286.

### *CMR Christmas Eve hours*

Community Mailroom package pick-up windows will be open Dec. 24, noon to 3 p.m.

### *Get in touch with College Connection*

Home for the holidays? Contact Army Community Service and find out why so many are excited about College Connection. Stuttgart's newest program will help you make the most of your time in Europe. The College Connection can help you make new friends, learn more about life in Europe, access crucial job information and transportation.

If you are an interested college student, or a parent of a college student, contact Army Community Service at 430-7176/civ. 0711-680-7176.

## PATCH THEATER GRAND REOPENING

DECEMBER 23

1 P.M. – THE CHRONICLES OF NARNIA (PG)

5 P.M. – YOURS, MINE & OURS (PG)

8 P.M. HARRY POTTER & THE GOBLET OF FIRE (PG-13)



## Thorns 'n Roses

From community submissions



### Roses to:

All the men and women in Stuttgart and Garmisch who volunteered to coach Child and Youth Service sports teams throughout 2005. Your selfless donation of your time and talents helped to make the CYS programs a success – and enhanced our children's experiences while living in southern Germany. Thank you so much for all you have done for our communities.

The cast and crew of the Stuttgart Entertainment Branch's production of "Miracle on 34th Street," for sharing their prodigious talents with us all – and for helping to usher in the holiday season in such an entertaining manner.

Hans Dreizler and Roger Smith of the U.S. Army Garrison Stuttgart Safety Office, for undertaking the important yet often thankless task of looking out for our well-being. All too often, safety concerns are overlooked until something terrible happens.

Thanks to the dedicated efforts of Hans and Roger, this isn't the case in Stuttgart.

Mark Cauthers, acting director of the USAGS Directorate of Morale, Welfare and Recreation, for making sure that every child who attended tree-lighting ceremonies in Stuttgart had the opportunity to spend a few memorable moments with Santa Claus.

U.S. Army Garrison Stuttgart, U.S. European Command, Marine Corps Forces Europe, Defense Information Systems Agency Europe, and all the individuals whose donations of time and talent made the 2005 PHS College Fair such a tremendous educational opportunity for our students as they plan for their post-high school lives.. (For a complete list of College Fair volunteers see page 12.)

E-mail comments to [citizen@6asg.army.mil](mailto:citizen@6asg.army.mil) or fax them to 421-2570/civ. 0711-729-2570.

# Leaders' holiday messages express gratitude, stress safety

## Remain always vigilant, reduce threats to safety

By Gen. B.B. Bell  
U.S. Army



The upcoming holidays are a traditional time for gathering with family and friends to celebrate and share the joy of the season.

For those of you who are not deployed, I ask that you use this time to enjoy some well-deserved rest and relaxation. Please keep in mind the families of deployed Soldiers and those who will be alone over the holidays.

As you relax this holiday season, do not let down your guard; always remain vigilant in terms of safety.

This time of year can be deadly, and the month of December is particularly dangerous. Approach the season as you would any mission: Plan ahead, conduct composite risk management, and execute to standard.

Leaders and supervisors, engage your Soldiers with *Under the Oak Tree* counseling to help them identify and mitigate the hazards associated with this time of year. Instill in them the importance of individual responsibility, and let them know that the choices they make affect not only themselves, but their family, friends and coworkers.

Winter weather in Europe is extremely dangerous. Fewer hours of daylight, black ice, fog and snow, combined with roads crowded with holiday travelers, create dangerous driving conditions. Preparation is one of the keys to reducing these hazards.

AAFES is offering free winter safety inspections of U.S. forces-plated vehicles. Take advantage of this opportunity to ensure that your vehicle is ready for the challenges of winter driving. In addition, remember to check road conditions before departing on trips, and always drive defensively.

This time of year also increases the risk of household fires. Unattended cooking, candles, Christmas trees, holiday lights and flammable decoration are all causes of fire. Have a fire plan in place and review it with your entire family.

In addition to being hazardous, the holiday season can be especially stressful, particularly during this time of war. Deployments and pending deployments add to stress, which in turn can lead to spouse abuse and other forms of domestic violence.

Leaders must engage with their subordinates to help minimize stress and let them know that they care.

Leaders must also be able to recognize the signs of depression and suicidal behavior, and get counseling for those who need help.

I salute all members of the Army in Europe family for the fine work they perform every day.

Thank you for your continued sacrifices and dedicated service to our nation, in war and in garrison. With your continued commitment and sincere concern for the welfare of one another, we can all enjoy a safe and festive holiday season.

Let's all make a personal commitment to No Loss of Life. By taking care of one another, we can all continue to execute with excellence Any Mission, Anywhere.

*The former commander of U.S. Army, Europe, Bell is scheduled to take command of U.S. Forces Korea in February. The full text of the "Bell Sends" message from which this excerpt was taken can be accessed online at [www.hqusareur.army.mil](http://www.hqusareur.army.mil).*

## Count your blessings, cherish your families

By Russell Hall  
Installation Management  
Agency Europe Region



A world of things begin to change when a young man or woman raises his or her right hand, takes the oath of service, and becomes a member of the U.S. military. Many of those changes are especially noticeable during the holidays.

Soldiers, family members and veterans have a unique set of feelings and assumptions about the holiday season. We cherish the memories of holidays with our families, because we've spent so many without them.

We know that while families "back home" gather for the warmth and comfort of their holiday feast, others stand watch at the lonely borders that divide peace from terrorism.

Like birthdays, graduations or even the births of their children, missed holidays are part of the many sacrifices made by Soldiers and their families. That's why this month we are especially mindful of our need to provide all the support possible for those who serve.

Our family members are also in our prayers this month. Wartime President Franklin D. Roosevelt said it best: "They also serve who wait and watch." The president understood that the separation and sacrifices of the families were every bit as painful as those experienced on the front lines.

At the Installation Management Agency-Europe, our job is to support Soldiers and their families through good times and bad; wartime and peace; workdays and holidays.

As we complete 2005 and look ahead to next year, we need to celebrate our successes, evaluate what worked and what didn't, and move into the new year ready to combine experience with new ideas to ensure that IMA-EURO meets – and exceeds – our vital mission of service.

I thank you for your support this year to our Soldiers and families. Many of us are so busy moving from one project to the next that we forget to tally up our victories. I hope you'll spend part of the holidays not only counting your blessings, but also giving yourself the credit you deserve for making life better for the thousands of people we support.

I also encourage you to exercise extra caution as we move through the winter in Europe. Roads are icy, cars need to be winterized and equipped with the proper tires, and those hosting holiday parties must ensure the safety of guests driving home.

In case you're wondering, my favorite gift this year is exactly the same as last year's. In 2005, I received the honor and privilege of working with the finest people in the Army's best organization.

*Hall is the director of IMA-EURO.*

# THE CITIZEN

Col. Kenneth G. Juergens

U.S. Army Garrison Stuttgart Commander

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The Citizen is an offset press publication printed in 6,500 copies every two weeks.

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## This is the final edition of The Citizen in 2005.

We will return Jan. 17, 2006.

The U.S. Army Garrison Stuttgart Public Affairs team wishes all of our readers a safe & joyous holiday season!